# Where are we?

Windham Croft Centre for Children 20 Windham Road Richmond TW9 2HP 020 3021 1990 Barnes Children's Centre Lowther Primary School Stillingfleet Road Barnes SW13 9AE 020 3021 1990



Mortlake Hall Mullins Path North Worple Way Mortlake SW14 8EZ 020 3021 1990 Mortlake Powerstation 121a Mortlake High Street Mortlake SW14 8SN 020 3021 1990

www.richmond.gov.uk/childrens\_centres www.facebook.com/RichmondFIS barnescc@richmond.gov.uk

Translation Advice
Please contact us if you need this leaflet in Braille, large print, on audio tape or in another language.
Phone: 020 8891 1411
Minicom: 020 8831 6001



## **Barnes Children's Centre**

## **Autumn Timetable 2 September - 18 December 2015**

#### Monday

#### **Under 1's Stay&Play** 10.00-11.00am 7 September to 14 December

**Barnes CC** 

Play and singing session for babies up to 1 year

#### **Baby Massage**

11.45am-12.45pm 28 September to 19 October Barnes CC

4 week course for parents to learn how to massage their baby. Call the centre to book

## Rhythm Rhyme & Story time

1.30-2.30pm 7 September to 14 December

Mortlake Hall

Fun singing and story session with a different theme each week.

## Pink - Drop In

**Purple - Contact the** centre for booking details

## Tuesday

#### **Heuristic Play** 10.00-11.00am 8 September to 14 December Barnes CC

Play with free and found objects.

#### **Before You Crawl** 10.30-11.30am 15 September to

15 December Kew Riverside Primary

School Play session for voung babies who are not vet on the move!

#### **Home-Start Play and Support group** 10.00-11.30am

Mortlake Powerstation Play session for families needing a helping hand.

#### **Breastfeeding Clinic** 12.00 noon-1.30pm Barnes CC

#### **Family Links** 12.45-2.45pm Mortlake Hall 10 week course.

Creche available

#### Refuge 1.00-4.00pm

Barnes CC

## Wednesday

#### Stay and Play 9.30-11.30am 16 September to 16 December

Mortlake Powerstation Fun play session planned to support learning and development. All ages.

#### **Adult Literacy** course: English for Childcare

Mortlake Hall 12.45-2.45pm 22 September to 1 December Contact the centre to book. Creche available

### Speech and Language **Communic8 Groups**

1.30,2.30,3.30pm Barnes CC

Communic8: Babbling Babies (3.30-4.30) 5 week course focusing on babies' early language and communication. Contact the Children's Centre or Speech Therapy team on 020 8973 3512 if you are interested in a place.

## Thursday

#### **English for Speakers of Other** Languages 9.30am-12.00 noon

17 September to 17 December At Castlenau Community Centre contact Alexa 0208 741 0909

alexa@castelnau centreproject.co.uk

## **Singing Hands**

10.30- 11.30am 10 September to 22 October Barnes CC Sing and Sign

session. By invitation. Please contact centre

## **Messy Play**

1.00-2.00pm 10 September to 17 December

Barnes CC

Come ready to get messy.

#### **HENRY Healthy Lifestyle Workshops** and Weaning talks

12.45-2.45pm 10, 24 September, 8 October Mortlake Hall Contact Centre for details

### Friday

#### 1 and 2 Year Health reviews

9.00am-12.00 noon Barnes CC

Our local health visiting team will invite you to book your child's 1 or 2 year check.

For further enquiries please call the **Health Visiting** 

Administration For 1 vear check 02086301723 For **2 year check** 02086301724

#### Stay and Play 2.30-4.00pm 10 September

Mortlake Powerstation Fun play session planned to support learning and development.

## Saturday

#### **Dad's Messy Play** 10.00-11.00am

Barnes CC

- **5 September**
- 3 October
- 7 November
- 5 December

Play session for Dads. Grandads. Uncles. Come and find out how getting messy helps development.

#### Midwife appointments

Windham Croft on Mondays and Wednesdays, Barnes Children's Centre on Mondays. Thursdays and Fridays.

#### **Well Baby Clinics**

Windham Croft on Monday afternoon. Barnes Children's Centre on Wednesday mornings.

Please contact your health team to book.